



Project: Figure skating

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Almenevo, 2013

Sport is probably as old as the humanity itself. All over the world people of different ages are very fond of sports and games. Firstly, sport helps people to become strong and to develop physically. Secondly, it makes them more organized and better disciplined in their daily activities. Also sport keeps your mind healthy. Sport helps people to keep in good health. We all need to exercise. Regular exercises gives you more energy. Exercises make you feel and look better.



I want to tell you about figure skating. It's a beautiful sport, but it takes a lot of energy and time. A lot of people love to watch this sport. In our country there are a lot of skaters who took first place in different competitions in figure skating.



In the 12-14 century was a figure skating competition at the skill to draw on a variety of ice shapes while keeping a beautiful pose. First figure skating fan clubs have appeared in the UK in Edinburgh at 1742, there also developed the first official competition rules. European figure skating hit in the U.S.A. and Canada, where he received a great development. It created numerous clubs skaters to develop new models of skates, created a school technology. In the first Congress of skating in 1871 figure skating has been recognized as a sport.



In 1882 in Vienna, was the first official European Figure Skating Competition. The first figure skating competition held only among male, female skaters were able to take part in the World Championships only after 10 years. Officially the first world championship for women was the end of January 1906 in Davos.

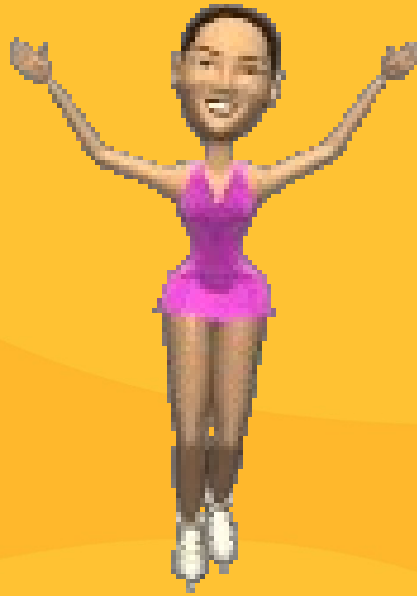
Figure skating in Russia has been known since the time of Peter I. Russian tsar brought from Europe the first models of skates. In 1838, in St. Petersburg, the first book came out for the skaters - "Winter fun and art skating".



Kinds of figure skating:

- 1) Men's and women's single skating;
- 2) Pairs figure skating;
- 3) Sport dancing;
- 4) Synchronized figure skating.





Thank you
for your attention!